



RGI Inclusion Newsletter

April 2025

Thank you to the parents who filled out the SEND questionnaire. It was useful to look through your feedback about what you feel is going well and what can be done next. Many of you felt when you have had concerns about your child's progress or personal development, you have been able to discuss these with the class teacher or Inclusion team, as well as feeling happy that your child's individual learning plan (ILP) gives clear information about the support they receive. Remember, if you are unsure if your child should have an ILP or want to know about the support your child receives, then class teachers are more than happy to talk to you.

The next steps from your feedback will be to improve the information about SEND on the school website and for further information parent sessions to take place.

Coming up...

SEND Parent Information Session – Reaching Families

Reaching Families is a parent-carer led charity that supports parents and families of children and young people with special educational needs and disabilities in West Sussex. They do this through a number of services including the delivery of information, training and peer support.

Someone from the charity will be coming in to school to talk to you about the services they provide on **Thursday 22nd May 2025.** Once you have dropped your child off at their class, walk round to the school hall for the session. The meeting will finish no later than 9:30a.m.

For the session to go ahead, we need at least 10 attendees,

to let me know if you would like a space.

Below is some information about parent training and support groups.







Umbrellas

Parent Support Group
Summer Term 2025

Would you like to connect with other local parent carers?

If you are a parent or carer of a child or young person with special educational needs and disabilities in West Sussex, please join us at one of our local support groups or from the comfort of your own home.



Shoreham Umbrellas

Tuesdays, 10 am - 11.30 am Adur East Family Hub (Shoreham) 6th May / 3rd Jun / 1st Jul

Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am Creative Heart Community Hub (upstairs) 7th May / 4th Jun / 2nd Jul

Worthing Umbrellas

Tuesdays, 10 am - 11.30 am Durrington Community Centre 22nd Apr / 13th May / 17th Jun / 15th Jul

Horsham Umbrellas

Wednesdays, 10 am - 11.30 am Horsham Family Hub 23rd Apr / 21st May / 18th Jun / 16th Jul

Chichester Umbrellas

Thursdays, 10 am - 11.30 am Donnington Parish Hall 24th Apr / 15th May / 26th Jun / 17th Jul

Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am The Cherry Tree Centre 29th Apr / 20th May / 10th Jun / 8th Jul

If you would like more information about our Umbrellas Support Group or would like the link to join Umbrellas online, please contact the outreach team.

Email: outreach-training@reachingfamilies.org.uk

Reaching Families

www.reachingfamilies.org.uk

Umbrellas Online

Thursdays via Zoom

1st May	7.30 pm - 9 pm	
12th Jun	7.30 pm - 9 pm	
10th Jul	7.30 pm - 9 pm	





Training

Summer 2025

(1st half-term)

Reaching Families offer a range of free training courses and workshops to parents and carers of children and young people with special educational needs and disabilities in West Sussex



Training Workshops

April

Understanding Avoidant Restrictive Food Intake Disorder (ARFID)	Thursday 24th	7.30pm
Making Sense of Wellbeing: How to improve your mood	Tuesday 29th	10.30am

May

Understanding Demand Avoidance	Thursday 1st	10.30am
Making Sense of Disability Living Allowance (DLA)	Thursday 8th	10.30am
Making Sense of Wellbeing: How to manage your anxiety	Tuesday 13th	7.30pm
Understanding Autism	Thursday 15th	7.30pm
Making Sense of Anxiety in Adolescence	Tuesday 20th	7.30pm
An Introduction to Makaton	Wednesday 21st	7.30pm
Understanding Attention Deficit Hyperactivity Disorder (ADHD)	Thursday 22nd	10.30am

The SEND Foundation Course

An introduction to SEND and the key issues parents and carers will encounter as their children grow and develop. Dates: 7th May /14th May (2-part course) Wednesdays 10.00am-1.15pm

All training above will be delivered via Zoom

For further information visit our website or email: outreach-training@reachingfamilies.org.uk



All our workshops are free of charge, for more information or to book a place, please visit our Eventbrite page or scan the QR code.

https://reachingfamilies.eventbrite.com

Reaching Families

www.reachingfamilies.org.uk

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